**Penhallow Class - Home Learning Curriculum Grid: Wednesday 21st July – Friday 23rd July**

|  |  |  |
| --- | --- | --- |
| Olympic Rings (1913). Olympic Rings Logo | by Natalie Chung | FGD1 The  Archive | Medium  Can you find out about the Olympics?  Watch this video - <https://www.youtube.com/watch?v=xBsRx4wN_v4>    Can you design your own medal? | **London 2012**  Watch this video of the opening ceremony of London 2012 - <https://www.youtube.com/watch?v=7QL_uG2GSZo>  Can you choose a suitable piece of music and create a dance for an opening ceremony.  You can try using props, such as ribbons to enhance the performance | **Olympic Athletes**  100 days to the Tokyo Olympics: Twenty-five US athletes to watch | Tokyo  Olympic Games 2020 | The Guardian  Can you design a healthy plate of food for an athlete?  Maybe you could use a paper plate and divide it into sections. There is a plate template at the bottom of the blog. |
| **End of the year**  This week is our last week of being Penhallow Class.  Think about your memories, use the template at the bottom of the blog to help you. | **Summer holidays**  Our summer holidays have nearly begun – fill the bucket with different pictures of things you’d like to do. | **Summer Poetry**  Can you write a poem about the Summer? See the template at the bottom of the blog.  **For example** –  **S**…. is for suncream or sand  Please email it to us. |
| **Get Active**  Try the activities below, on the next page – Can you carry out the activities for the letters of your name? Roll the dice, what exercises can you do?  <https://www.youtube.com/user/GoNoodleGames> Here’s the link to the fun GoNoodle dances we do in class.  <https://www.youtube.com/watch?v=jYeMpUdufNk> Supermovers – Alphabet song    Gymnastics – Have a look at the PE Home learning cards at the bottom of the blog. Here’s a link to a video which may help you. <https://youtu.be/4aEaIgDFy3A>  Take a photo of some of the shapes you make and email them. | | |



