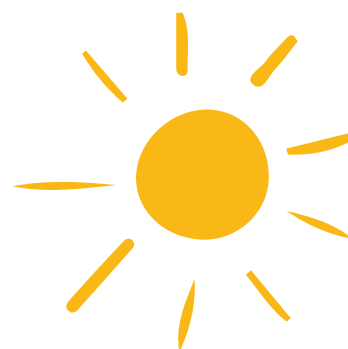


# Parent led cognitive behavioural therapy

A free 6-week intervention to help your child overcome their fears and worries.

**Monday 6 November**  
**7pm to 8.30pm**



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